

Appendix C

Transforming Barnet CAMHS – Consultation Programme with children and young people

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1. Introduction

1.1 Purpose

The purpose of this consultation programme is to engage with a broad range of children and young people (CYP) within Barnet in order to ensure that their views are able to influence both the procurement and re-modelling of Barnet's mental health and emotional wellbeing services. Services will be jointly commissioned by London Borough of Barnet including Public Health and Barnet CCG. London Borough of Barnet will lead the process on behalf of the partnership and report back to the CAMHS Transformation Board.

It is anticipated that by engaging with CYP, consulting with them, supporting them to co-produce and listening to their opinions and suggestions, with a genuine commitment to their influencing of the design of mental health and emotional wellbeing services, then services will be responsive to the changing needs and challenges facing CYP in Barnet and will be fit for purpose.

By providing mental health and emotional wellbeing services that are accessible to Barnet's CYP, and which have been co-designed by them, we would hope to see better health outcomes, and a reduction in demand upon more specialist services for those with acute needs.

1.2 Background

The Council's vision is to be a 'family friendly' London borough by 2020 where children, young people and their families are safe, healthy, resilient, knowledgeable, responsible, informed and listened to.

The Council and CCG have adopted a partnership approach to this goal because addressing these issues is the responsibility of everyone who works with and cares about children and young people in Barnet. *'Future in Mind 2015-Promoting, Protecting and Improving our young people's mental health and wellbeing'* sets out the key task of transforming existing CAMHS services and moving toward a modern fit for purpose emotional wellbeing support system. A central principle of this vision is to design services in partnership with young people.

Barnet is committed to working with children and young people and with partners from different organisations across the borough and has produced a child-friendly plan for 2016 - 2020 that reflects the priorities, needs and aspirations of the local population and sets out how, together, Barnet can become an even better, more 'Family Friendly' place to live.

In a 'Family Friendly' Barnet, children and families are able to:

- keep themselves safe
- achieve their best
- be active and healthy
- have their say

These form the four key outcomes of the plan, with each one supported by a series of objectives which act as a framework to make the councils vision a reality. Our Plan sets out how Barnet will focus on increasing resilience in the community, helping families to help themselves. It focuses on how Barnet will work in partnership with children, young people and their families, ensuring that the council is helping them to do things for themselves, rather than to them or for them.

An action plan sits beneath this Plan and will detail how partners and services are delivering the plan. In addition, the plan sits alongside other key strategic plans including the Health and Wellbeing Strategy and Safer Communities Strategy.

The Children and Young People's Plan also includes a new Charter for Children and Young People, which was informed by the Youth Convention held in Barnet in November 2015, and a new Child Poverty Review.

1.3 Referenced Documents

- Joint Strategic Needs Assessment
- Future in Mind 2015
- Barnet Children and Young People's Plan 2016-2020
- Health and Wellbeing Strategy
- Safer Communities Strategy.

2. Executive Summary / Overview

We intend to engage with and listen to a broad and representative range of Barnet CYP via several delivery channels including:

- Delivering a series of workshops run by our VOTC team for groups of 10-15 CYP within a variety of settings to discuss their thoughts and opinions on mental health and emotional wellbeing services. In order ensure that a broad and representative group of CYP are consulted with, and so as to reflect equality and diversity, we will seek to engage with:
 - Schools
 - Youth Clubs
 - Voluntary and Community Sector (VCS) organisations including Mind, Princes Trust, Scouts, NCS and Community Focus.
 - Youth Offending Team
 - Current CAMHS service users
 - Children In Care
 - Pupil Referral Unit

Each group will begin with a scene setting solution focused webinar introduction by Dr Mike Scanlon.

- Delivering a youth convention titled "Youthorium 2017" on 23rd February at Allianz Stadium to engage with a representative group of 120-150 Barnet CYP utilising Meetingsphere to ensure capture of the views of CYP and a "Big

Brother style video room” Voxpop booth to capture visuals of CYP “talking heads”

- The VOTC Team will include a set of targeted questions as part of the UK Youth Parliament elections which begin in Feb '17 in order to reach out to 3000+ Barnet CYP
- Distribution of an online survey throughout the VOTC network and practitioners forum members for CYP to complete.
- Working with Media Citizens where appropriate to support the production of media content for internal and external marketing and information purposes.

We are committed to ensuring that all engagement undertaken is fully confidential and that all information captured is anonymised and handled with the appropriate protocols and levels of data protection. The only exception to confidentiality being the Voxpops but appropriate consents will be gained before use.

Participation from schools as well as engaging with Voluntary and Community Sector organisations fundamental to the success of this project and our policy of designing CYP friendly services.

All feedback will go directly to The CAMHS Transformation Board which includes key decision makers and commissioners within the council, Public Health, CCG and as such offers a valuable opportunity to effect change in these critically important areas.

To ensure that we reach as representative a group as possible we will be canvassing opinions from a range of age groups but with a focus on the CAMHS target age group of 14-18 year olds.

We anticipate that through the various delivery channels the programme through the VOTC team will be able to engage with 3800 Barnet CYP

Projected costs are:

Salaries – daily charge rate @ 4 days per week @ 292.23 per day till 03.03.17
=14,027

Materials – printing costs approx. 1k.

Conference costs – hire of venue, catering and Meeting Sphere approx. 6k.

Total – £21,027.

3. Report

A report of findings will be collated at the conclusion of the engagement events and be available the first week of March 2017.

4. Appendices

- Project Delivery Timetable
- Proposed Group Workshop Delivery Plan

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